Teesside HOSPICE

# School News

## AUTUMN EDITION




### Would your school be interested in a visit from Teesside Hospice?

Teesside Hospice was chosen by the Year 6 pupils at St Edward's Catholic Primary School to be their Charity of the Year!

The pupils invited us into school to learn more about the care and support we provide to local people and their families, and how they can make a difference by becoming fundraising heroes. We had some fantastic discussions about what charity means, why fundraising is so important and how small acts of kindness can make a big difference in our community.

We'd love to talk to pupils about charity, fundraising and the importance of community, as well as the care and support we provide to local people and their families. Get in touch to find out more!

### There's still time to sign up to Rudolph Run!




Ready to make some festive memories while making a difference?

Join with many schools across Teesside and East Cleveland and get involved with Rudolph Run!

Children can take part in class groups, or as part PE lessons, in year groups or as a whole school. Children are sponsored to run, hop or skip...or maybe take part in a fitness session! Maybe a sponsored Rudolph Silence!!

Schools choose where and when, we will provide all you need: sponsor forms, antlers and noses, certificates, a warm-up video and Rudolph can also make a special appearance!

Sign up at fundraising@teessidehospice.co.uk

Teesside HOSPICE

# What's happening?

## A huge thank you to Whinny Banks School Choir!



The wonderful choir from Whinny Banks School joined us at our Inpatient Unit Family Day to sing for our patients and their families, and what a truly special moment it was.

Their beautiful singing touched everyone in the room, bringing smiles, comfort and plenty of emotion. It was a moving reminder of how music can bring people together and create precious memories with the people who matter most.
There wasn't a dry eye in the house!

We'd like to say a huge thank you to all the pupils and staff at Whinny Banks School for sharing their time and incredible talent with us. Thank you for being part of our hospice community and helping us create moments that will stay with people for a long time.

New Support for Teachers and School Support staff from Teesside Hospice is available on general bereavement, anticipatory grief, helpline and immediate response, in the form of a three part programme.

Practical training, compassionate practice and specialist support for schools affected by grief, serious illness, dying and death.

<u>The purpose</u>
To help school staff feel more confident, communicate more compassionately and know when to access specialist support, before, during and after difficult experiences.

<u>A three-part programme</u>
· Build confidence – General Bereavement Counselling & Awareness
· Prepare for loss – Anticipatory Grief & Life-Limiting Illness
· Respond when it happens –
Helpline & Immediate Response Service

Schools can access individual elements or combine them as part of a wider bereavement support plan.
<u>Contact:</u>
Gary Gray – Group Head of Counselling, Teesside Hospice
Email: garygray@teessidehospice.co.uk
Telephone: 01642 811063
Bereavement Counselling Service: 01642 811063

## Ready to Talk Bereavement Training & Support Programme



## Redcar Athletic Junior Football Team

Loyal Supporters Redcar Athletic Football Club Under 11 and the Matthew's family have supported the hospice by doing sponsored walks and open swimming challenges .
Thank you!

# Get involved

## How can your school support Teesside Hospice

We understand that teachers are incredibly busy, so when you support Teesside Hospice, we support you.

We offer a range of school activity ideas linked to the curriculum, giving children the chance to have fun while learning.

You'll also receive regular updates from us about the impact of your fundraising.

## What's in it for your school

- We will give you all the resources you need
- A visit to school for an assembly
- The opportunity for children to experience supporting a local charity
- Fun, healthy and meaningful activities
- Recognition of your fundraising by a big cheque presentation and certificates

# Fun Challenges

SECONDARY SCHOOLS

## Accumulator Challenge

Register interest now

In teams of up to six you'll come up with a business idea to pitch to our very own Business Buddies.
If your pitch is successful, you'll then have twelve weeks, £30 and a Business Buddy as a mentor to bring your idea to life and raise as much money for the Hospice as possible.
At the end of the challenge, you'll create a video about what your business has achieved. This will be judged by a panel of Hospice Judges.

There will be three teams set to win a category award.
In recognition of everyone who takes part, each team will receive a momento and an invitation to an award ceremony.



NEW for 2027

## Busy Bee Challenge

Bring your school community together for a fun, educational and inspiring challenge that helps local people and families while encouraging children to care for the world around them.

Teesside Hospice invites children to become Busy Bees, taking part in a sponsored movement challenge while learning about the importance of nature, teamwork and supporting their local community.

Schools can choose when, where and how to take part. Whether it's laps of the playground, an obstacle course, a daily walk, a dance challenge or a whole-school activity, every child can get involved and help make a difference.

Teesside HOSPICE

# Fundraise your way

## We'd Love to Support Your School

If you're thinking about raising money for Teesside Hospice, we'd be delighted to help you get started.

Whether you're planning a challenge event, organising a concert or performance, holding a bake sale, hosting a non-uniform day or creating your own unique fundraising activity, our team can provide ideas, resources and support to help make your event a success.

By supporting Teesside Hospice, you'll be helping local people and families living with a life-limiting illness, while giving children and young people the opportunity to learn about kindness, community and the difference they can make close to home.

## We can also offer support to schools by

- Talks and assemblies about the work of Teesside Hospice
- Sessions exploring fundraising, citizenship and community responsibility
- Information about volunteering and supporting local charities
- Visits to Teesside Hospice, helping pupils gain a greater understanding of the care and support we provide
- Fundraising resources, certificates and ideas to inspire your pupils

We are proud to work alongside schools across Teesside, helping young people develop confidence, compassion and community spirit while making a lasting difference for local families.

To find out more, email fundraising@teessidehospice.co.uk or call 01642 811145. We'd love to hear your ideas and help you on your fundraising journey.